GOVERNMENT OF TRIPURA DIRECTORATE OF WELFARE FOR SCHITRIBES.

NO.F.14-2/TW/STIPEND/98-99/

Aga	rtala,
Dated,	1999.

NOTIFICATION

THE TRIPURA BOARDING HOUSE (ADMISSION, REGULATION AND GRANT OF STIPENDS TO SCH. TRIBES & SCH.CASTES STUDENTS) RULES, 1999.

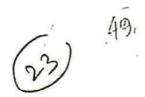
The State Government makes the following Rules to regulate the admission of students belonging to Sch. Tribes and Sch. Castes into Boarding Houses in Tripura and grant of stipend to them.

- I. RULE:
- 1. SHORT TITLE, EXTENT AND COMMENCEMENT:
- (i) These Rules shall be called the Tripura Boarding House (Admission, Regulation and Grant of stipend to Sch. Tribes & Sch. Castes Students) Rules, 1999.
- (ii) These Rule shall extend to the whole of Tripura.
- (iii) These Rules shall come into force on and from the date of its publication in Tripura Gazette.
- 2. <u>DEFINITION</u>:

In these Rules unless the context otherwise requires:

(i) "Boarder "means a student who reads in any class up to Class-XII and who he been admitted to a Boarding House and includes a student who has been allowed to ste in such Boarding House from year after year as per the provisions of these Rules.

(Confession)



(ii) "Boarding House" means a boarding house attached to a particular Educational Institution(s) either run or recognised by the Government of Tripura and includes residential hostel attached to Ashram School or Residential School run by Tripura Sch. Tribes Residential Educational Institution Society.

- (iii) "Committee" means Sub-Divisional Level Boarding House Committee and Institutional Level Boarding House Committee constituted as per provisions of these Rules.
- (iv) "Head of the Institution" means the Headmaster or Head Mistress or as the case may be, any other authority which is for the time being entrusted to discharge the functions of the Headmaster or as the case may be Headmistress of a School.
- (v) "Guardian" means the father, mother, brother of the student and other relative(s) who unconditionally bears the educational expenses of the student.
- (vi) "School" means all Government and Grant-in-Aid Schools in the State of Tripura recognised by the Government of Tripura or as the case may be, by the 'Tripura Board of Secondary Education' or by the Tripura Tribal Areas Autonomous District Council or by any authority which is passed by an act of State Legislature or Parliament.
- (vii) "Scheduled Tribes & Scheduled Castes" means such castes or tribes as are specified by order made by the President under Article 341(1) and 342(1) of the Government from time to time, in so far as the specification pertain to the State of Tripura.
- (viii) "Stipend" means stipend sanctioned under these Rules.

3. ELIGIBILITY:

No student shall be eligible for admission in a Boarding House and for stipend unless he/she is a:

Permanent Resident of Tripura, //
 A member of Sch. Tribes / Sch. Castes Community.

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Resident of a place where there is no School for providing required educational dicilities within a distance of 3 (three) K.M. from the temporary or permanent residence of the parent or guardian of the student or of the student himself or herself wieere such Shool student has no Parent living or has no guardian.

BOARDING HOUSE COMMITTEE:

(1) There shall be a Sub-Divisional Level Boarding House Committee to a Sub-Division and shall consist of. There shall be a Sub-Divisional Level Boarding House Committee to manage

The Sub-Divisional Officer as Chairman, The SDTWO as the Member-Secretary,

多色的 All the Heads of Schools/Institutions attached with such Hostels within the Sub-Division.

The Sub-Divisional Level Boarding House Committee referred to in Sub-Rule-(I) of Rule-4 shall be constituted by a Notification to be made by the Sub-Divisional Officer and shall have the power : -

To formally approve the admission of Sch. Tribes and Sch. Castes students as recommended by the Institutional Level Boarding House Committee in exercise of Rule 6(5) of these Rules,

To recommend sanction of stipend to Tribal Welfare and S.C. Welfare Departmeni, as the case may be,

To withhold the disbursement of stipend,

3 (d) To expel the boarder(s) for violation of prescribed Rules,

To appoint Boarding House Superintendent, 3(c)

And to take any action required for improving the overall condition of a Boarding House.

There shall be a Boarding House Committee at Institutional Level for selection of students to be admitted in the Boarding House. This Committee shall consist of the following:

S. D. T. W. O. (a)

Chairman.

Head of the Institute. 4 (6)

Member-Secretary.

Eussair".

c) Superintendent of B.H.

Member.

d) 2 (two) Teachers.

Member.

'e) One Non-Official of the locality

Member.

to be nominated by the SDO.

(4) The Institutional Level Boarding House Committee mentioned in Sub-Rule- (3) of Rule-4, shall be constituted by a Notification of the Sub-Divisional Officer for all (Boarding Houses within his jurisdiction, in consultation with the SDTWO or Head of the Institution(s).

5. APPLICATION FOR ADMISSION AND STIPEND:

- (1) Application for admission in to a Boarding House and for stipend shall be made by a student in the prescribed form given in appendix "A" to the Rules and shall be submitted to the Head of the Institution duly countersigned by the parent or guardian of the student(s).
- (2) The Head of Institution(s) shall place the application before the Boarding House Committee(s) constituted under Sub-Rule-(4) or Rule-(4), for selection under Rule-6 of this Rule.

6. MODE OF SELECTION:

- (1) The Head of Institution shall carefully examine the application(s) submitted to him under Rule-5 (1) with respect to the eligibility of the student for admission to Boarding House and shall place such application(s) with his comments before the Committee for due consideration for admission.
- (2) The Committee referred to in the Sub-Rule 4 of Rule-4 shall, in a meeting convened for the purpose, examine the application(s) and subject to the availability of seats in the Boarding House(s) and other provisions of these Rules, make selection of students for admission to Boarding House and for sanction of stipend to them in order of merit, provided that in making the selection of students for admission to a Boarding House and for sanction of stipend economic condition shall get preference.



- The Committee shall forward a list of the eligible students mentioning address and other particulars, to the S.D.O., Director, Tribal Welfare and Sch. Castes Welfare, the case may be, with a copy to the Director of School Education.
- The Sub-Divisional Officer, on receipt of such list shall place the excommendation of Boarding House Committees referred in the Sub-Rule -4 of Rule-4, for approval of the Sub-Divisional Level Committee.
- The Sub-Divisional Level Committee referred to in Rule-4 (1) shall formally approve the recommendation of Institutional Level Boarding House Committee and shall intimate such approval to the Head of Institution.
- (6) Student(s) selected by the Committee under these Rules-6 (2) shall be admitted to Soarding House(s) and shall be entitled to stipend.

MODE OF RENEWAL OF STIPEND:

97.

- (1) Stipend sanctioned to a student under Rule-6 (6) shall be renewed year after year so long as the student is promoted to next higher class and show good conduct in the Boarding House.
- (2) The Head of Institution, at the commencement of an Academic year, shall Jubmit before the Boarding House Committee in the meeting to be convened for the gurpose referred to under Sub-Rule-(2) of Rule-6, a statement of existing boarders who perform satisfactory progress and are in receipt of stipend with his comment about the stress of boarders, for renewal or sanction of stipend.
- (3) The students who fail to secure promotion to the next higher Class will be granted boarding house stipend for one more year in the same Class.
- As soon as the approval of the Boarding House Committee is obtained, the Head of the Institution shall prepare a statement of renewal cases together with newly admitted cases and submit it to the S.D.O. in the manner provided in Sub-Rule 3 of Rule-6.
- (5) The Sub-Divisional Officer shall place the statement referred in Sub-Rule (40 of Rule-7, before Sub-Divisional Boarding House Committee which will accord formal pproval with an intimation to all concerned.



ENTITLEMENT OF STIPEND:

- Every boarder shall be entitled to stipend for the actual number of days of stay in the board. his/her stay in the boarding house subject to a maximum of 322 days or for the number of days as notified but I am the Academia of days as notified by the Tribal Welfare and S.C. Welfare Department, in the Academic Year. Year.
- Every boarder shall be entitled to stipend at the rate notified from time to time by (2) Tribal Welfare Department for S.T. Boarders and by S.C. Welfare Department for S.C. Boarders.

9. SANCTION AND DISBURSEMENT OF FUND:

- The Tribal Welfare and Sch. Castes Welfare Department shall sanction and (1)place the stipend to the D.D.Os. of the School to which the Boarding Houses are attached, or to any other D.D.Os. as decided by the respective Department for drawal and disbursement.
- The Head of the Institutions / D.D.Os. with whom the stipend amounts are (2) sanctioned and placed shall draw the stipend and arrange disbursement to boarders.
- The Head of Institution shall maintain a separate account as regards drawal and (3)disbursement of stipend.

DISCONTINUATION AND SUSPENSION OF STIPEND: 10.

- The Head of the Institution shall suspend the disbursement of stipend to a student who has been expelled for violation or Rule-11 provided that expulsion of boarder shall be made as and when adverse report is received from the Boarding House Superintendent and subject to the approval of the Sub-Divisional Officer.
- The Boarder expelled under Rule-10 (1) may be re-admitted at any time by the (2) Head of the Institution with the approval of the Sub-Divisional Officer.

MAINTENANCE OF DISCIPLINE INSIDE THE BOARDING HOUSE: 11.

It shall be the responsibility of the Head of Institution to enforce routine for (I)boarders as prescribed at Sub-Rule-(6) of this Rule.

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there shall also be one Register maintained by the Superintendent of Boarding . where in all particulars of the boarders shall be recorded.

The Superintendent of the Boarding House shall maintain an Inspection Ster where in all observations of the Inspecting Officers shall be recorded.

The Head of the Institution shall ensure display of the Routine for the boarders Frominent place as referred to in Sub-Rule-(1) of Rule-11.

The Boarders shall be bound to comply with the routine referred to in Sub-Rule-Sf Rule-11.

The routine for the standy be as follows:
MORNING BED

(a) 5-30 A.M.

(b) 5-30-6-30

(c) 6-30-7-30

(d) 7-30-9-30

(e) 9-30-10.0

EVENING AFT

(f) 5-6-30 P The routine for the boarders referred to at Sub-Rule-(1) of Rule-11 shall

MORNING BEFORE SCHOOL PERIOD.

- 5-30 A.M. to wake up from bed.
- (b) 5-30-6-30 A.M. for toilet, brushing etc.
- 6-30 7-30 A.M. for breakfast.
- 7-30 9-30 A.M. study hours.
- 9-30 10.00 A.M. lunch time.

EVENING AFTER SCHOOL PERIOD.

- 5 6-30 P.M. Games & Sports.
- 6-30 7-30 P.M. Dinner. (g)
- 7-30 9-30 P.M. Compulsory study hours. (11)
- 9-30 10-30 P.M. Optional study hours. (i)
- Saturday afternoon Cleaning of hostel campus. (i)

No boarder shall be allowed to go home, except twice in a month, during School ession without prior approval of the Head of the Institution. Provided that the Head of he Institution shall consider the petition of boarders on the ground of medical realment or other compelling circumstances.

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REAL SERVICE

- 10) The Boarding House Superintendent also shall maintain other books and egisters as lie may be required to maintain.
- '2. APPOINTMENT, REPLACEMENT AND RESPONSIBILITY OF THE BOARDING HOUSE SUPERINTENDENT:
- The S.D.O. (Chairman) of the Sub-Division shall appoint the Superintendent of each Boarding House in consultation with the Head of Institution by a Notification.
- (2) The S.D.O. shall also replace the Superintendent of Boarding House as and when necessary after consultation with the Head of the Institution.
- The Boarding House Superintendent shall be accountable to the Headmaster (3)and the Boarding House Committee(s).
- The Boarding House Superintendent shall be responsible for proper functioning (4) of the boarding house and maintenance of Order and discipline therein.

MANAGEMENT OF MESS: 13.

- No boarder shall be allowed separate arrangement of fooding. There shall be a (1) common arrangement of the boarders' mess.
- The Head of Institution in consultation with the Hostel Superintendent shall constitute one Mess Committee with minimum of five boarders. This Mess Committee shall decide the Menu and Superintendent of the Boarding House is responsible for maintaining the mess and procurement of all food materials.
- The Superintendent of the Boarding House will procure all the food and other (3) items by calling a local tender at the beginning of the year. Comparative chart of responsive bids will be prepared and placed to the Head of the Institute for approval.

The Bearding House Superintendent can terminate the supply order on any fixed ground and at any time with the approval of the Head of the Institution.

A register will be maintained separately for daily issue and daily receipt, if any, om the supplier(s) for all food and other items.

POWER TO RELAX THE PROVISION OF THESE RULES:

Whenever the State Government is of opinion that it is necessary and expedient to do, it may, by order relax any of the provisions of these Rules.

REPEAL AND SAVING:

The Tripura Boarding House (Admission and grant of stipend to Sch. Tribes and Sch. Castes stipend) Rules, 1983 are hereby repealed.

Not-with-standing such repeal anything done, approved, stipend granted, order issued, committee formed, accounts maintained, amounts drawn and disbursed under the Rules and now repealed, shall be deemed respectively to have been done, approved, franted, issued, formed, maintained, drawn and disbursed under these rules.

Director of Welfare for Scheduled Tribes, Government of Tripura.

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GOVERNMENT OF THEIURA PARECTORATE OF WELFARE FOR SCH. THEOES

NC. 9600-60 /F.14-2/TW/sti.pend/2003-04, Dated, Agartale, 05/09 / 2003.

MENORANDUN.

In partial modification of Sub-Nulc(1) and (3) of Rule-4 of the Tripura Boarding House (Admission, Regulation and grant of stipend to Scheduled Tribes and Scheduled Castes Students) Rules, 1999, the Sub-Divisional Level Boarding House Committee and Boarding House Committee at Institutional Level will be re-constituted, in respect of ST Boarding Houses, by the Government in Tribal Welfere Department as follows:-

A. Sub-Divisional Level Hoarding House Committee (Sub-Rule 1 of Rule 4)

1.	Tublic	impresentative	as	nominated	_	Chairman.
	by the	Government.				

- Fublic Representative as nominated Vice Chairman.
 Ly the Government.
- 5) 5(Three)Members from among Educationist/
- in consultation

 in Chairman.
- 4) The Sub-Divisional Magistrate Member/Secretary.
- 5) The Sub-Divisional Tribal Welfare Memour.
- 6) The Sub-Divisional Medical Officer Member. of the Sub-Division.
- 7) Allthe Needs of Schools/Institutions Nember. to which the hostels are atteched with in the Sub-Division.

Sub-Divisional Committee:-

- i) The Committee shall meet quarterly to review/
 assess the admission policy, health, hygeine,
 discipline and academic performances.
- ii) The Committee shall time to time visit the Boarding House.
- iii) The Committee shall recommend to the Govt.

 for enhancement number of Seats on for

 opening of new Boarding House, fif felt necessary.
- B) Boarding House Committee at Institution Level (Sub-Rule 3 of Rule 4)
- 1) Sub-Divisi and Tribal Welfare (fficer
- 2) Head of Institute
- 3) Superintendent of Hoarding House
- 4) Redical Officer in-charge of the local THC/Rural Hospital.
- Chairman.
- Member, Sceretary.
- Hambar.
- Member.

C. ned... P/2.

5) 2(Two) Teachers

- New e
- 6) One non-Official of the Locality to be nominated by the Chairman of the Sub-Divisional level Boarding Nous-Committee.

Institution level Committee:

- 1) The Committee shall meet at ever 2(Two) mentles interval.
- ii) Proposal for conducting special Coaching atc. shall be determined by the Committee.
- iii) Health, hygeine, discipline, academical and other activities shall be monitored by the Committee.

Contd.....1/5.

It is provided in this connection that in case both the Chairman and Vice-Chairman of the Sub-Divisional Level Boarding House Committee declines to attend meeting or to discharge functions of Chairman or Vice-Chairman, the Member-Secretary will have full authority of the Chairman/ Vice-Chairman and preside over the meeting of the said Committee.

It is provided further that if a meeting is postponed due to absence of both the Chairman and Vice-Chairman, the next meeting shall not be postponed even if both the Chairman and the Vice-Chairman are absent and in such case the Member-Secretary shall preside over the meeting.

Director of Welfare for Sch. Tribes, Gove. of Tripura.

TO

The	Sub-Divisir nal	Magistrate,
		The state of the s

Copy to :-

- The District Magistrate & Collector, North/ Dhalai/ South/ West Tripura for imformation.
- 2). The Director of School Education, Govt. of Tripura, Agartala for information.
- 3). Director, SC/OBC/RM, Govt. of Tripura, Agartala for information.
- 4). District Tribal Welfare Officer, North/ Dhalei/ South/ West Tripura for information.
- 5). Sub-Divisional Tribal Welfare Officer, for information and necessary action.

Director of Walfare for Sch. Tribas, Gowt. of Tripura.

GOVERNMENT OF TRIPURA DEPARTMENT OF TRIBAL WELFARE

(Stipend & Scholarship Section)

No.F.14-2/TW/Stipend/2018-19/ 20931-21028

Dated, 16 / 08/2018.

Memorandum

The Governor is pleased to enhance the rate of the Boarding House Stipend admissible to the students from the existing rate of Rs. 55/- to Rs. 65/- per day per boarder (including Re. 1/- for LPG subsidy and additionally for upkeep/maintenance of hostels as is being given at present).

This is issued as per the decision of the Council of Ministers in its meeting held on 10th August, 2018 as communicated by the GA (C & C) Department vide letter No.F.1(43)-GA(CAB)/2004 dated 10th August, 2018.

The increased rate of the Boarding House Stipend is effective from 1st August, 2018.

Addl. Secretary

Tribal Welfare Department

Copy to : -

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- 1. The P.S. to the Minister, Tribal Welfare for kind information of the Honb'le Minister, Tribal Welfare Department.
- 2. The P.S. to the Minister, Education (School) for kind information of the Honb'le Minister, Education (School) Department.
- 3. The P.S to the Principal Secretary, Education (School) for kind information.
- 4. The P.S to the Principal Secretary, Finance Department for kind information.
- 5. The P.S to the Principal Secretary, TW Department, Govt. of Tripura for kind information of the Principal Secretary.
 - 6. The Chief Executive Officer, TTAADC, Khumulwng for kind information.
 - 7. The District Magistrate & Collector, West/North/ Unokuti/ Dhalai/ Gomati/ South/Sepahijala/ Khowai District for kind information.
 - 8. The Director, SC, OBC & Minority Welfare Department for kind information.
 - 9. The Director, Secondary/ Elementary Education for kind information.
- 10. The District Welfare Officer, West/ South/ North/ Dhalai/ Khowai/ Unokoti/ Gomati/ Sepahijala District.
- 11. The Sub-Divisional Magistrate, Sadar/ Mohanpur/ Jirania/ Jampuijala/ Bishalgarh/ Sonamura/ Khowai/ Teliamura/ Udaipur/ Amarpur/ Belonia/ Santirbazar/Karbook/Kanchanpur/Dharmanagar/ Kumarghat/ Panisagar/ L.T. Valley/ Ambassa/ Kamalpur/ Gandacherra for information.



to be continued... in page 2

- 12. The Sub-Divisional Welfare Officer, Sadar/ Mohanpur/ Jirania/ Jampuijala/ Bishalgarh/ Sonamura/ Khowai/ Teliamura/ Udaipur/ Amarpur/ Belonia/ Sabroom/ Santirbazar/Karbook/Kanchanpur/Dharmanagar/ Kailashahar/ Kumarghat/ Panisagar/ L.T. Valley/ Ambassa/ Kamalpur/ Gandacherra for information.
- 13. The Treasury Officer, Agartala No. I/II, Udaipur/Kailashshar/Ambassa for information.
- 14. The Sub-Treasury Officer, Mohanpur/Bishalgarh/Sonamura/Teliamura/Khowai/ Amarpur/ Karbook/ Sabroom/ Belonia/ Santirbazar/ Kanchanpur/ Dharmanagar/ Kumarghat/Panisagar/Kamalpur/ Gandacherra/ Chailengta for information.

15. The Accounts/ PME Cell of this Directorate, for necessary action.

8

16. Guard File.

Tribal Welfare Department

GOVERNMENT OF TRIBUDA

3		DIDECTOR	
9	No E I	DIRECTORATE OF TRIBAL WI	ELFARE
	140.F.1	4-2/TW/Stipend/2016-17/25115-25186	Dated, 12 /01/2018.
16/2	-,	NEMODANDIM	
81.) 16/01/08 MEMORANDUM	
9	It has l	A revised Food Menu Chart for the ST Boarding Houses been decided that the Menu Chart should be displayed at a	prominent place in the Dining Hall of
MIN	the res	pective Boarding Houses (Both Govt. Boys/Girls and NGC	run Boarding Houses).
b (g.	2.	All DWOs/SDMs/SDWOs should ensure that the revi	
7	herewi	th is strictly followed by the concerned boarding Houses.	
7	Enclo:	As stated above.	Distrilor
7			(R.Reang)
,			Addl. Secretary & Director
}	To		Tribal Welfare Department.
7	1.	The District Magistrate & Collector, North/Unakoti/Dhal	ai/Khowai/West/Sephahijala/Gomati/
)		South District for kind information.	
)	2.	The DWO, North /Unakoti/ Dhalai/ Khowai/ West/ Sepinformation.	ohahijala/ Gomati/ South District for
1	3.	The SDM,	for information & necessary action.
	4.	The SDWO,	for information & necessary action.

Copy to:

- 1. The Director, TW Directorate.
- 2. The Addl. Directors (HoO/DDO), TW Directorate.
- 3. The Joint Directors, TW Directorate.

While visiting the Boarding Houses, they should see that Menu Chart is displayed at a prominent place & food is strictly provided to ST Boarders as per Food Menu.

Copy also to:

- 1. The P.S. to the Hon'ble Minister, TW Deptt. for kind information of the Minister.
- 2. The P.S.to the Secretary, T.W. Department for kind information of the Secretary, TW Deptt.
 - 3. The CEO, TTAADC, Khumulwng for kind information
 - 4. The Director, Higher/Elementary Education Deptt., Govt. of Tripura for kind information.
 - 5. The Chairman, Sub-Divisional Boarding House Committee for kind information.

Tribal Welfare Department.

		, A	LEI LY FOOD MENU CHART	·
DAYS	COMPUNENT	TILE	ITEM	Quantity (per Head)
SUNDAY	Tiffin/ Breakfast	7.00 AM	Bread/Beaten rice (Cheera)/Puffed rice (Moori)	75 grams
			Jaggery (Gur)	20 grams
		10:00 AM	Rice	200 grams
	Lunch		Dal	25 grams
			Seasonal Vegetable	100 grams
			Fried Veg.	50 grams
	Tiffin	5:00 PM	Biscuit/Cake	65 grams
Ì	Dinner	8:30 PM	Rice	200 grams
1			Dal	25 grams
			Meat Curry (pork/chicken) with Potato	150 grams
			Bread	75 grams
1	Tiffin/ Breakfast	7:00 AM	Banana	2 pieces
1			Rice	200 grams
		}	Dal	25 grams
	Lunch	10:00 AM	Seasonal Vegetable	100 grams
MONDAY			Fried Potato	50 grams
MONDAI	Tiffin/Snacks	5:00 PM	Biscuil/Cake	65 grams
	Timivonacks	8:30 PM	Rice	200 grams
1	Dinner		Dal	25 grams
			Fish Curry	1 pieces (60 grams)
			Bread/Bealen rice (Cheera)/Puffed rice (Moori)	75 grams
	Tiffin/ Breakfast	7:00 AM	Jaggery (Gur)	20 grams
			Rice	200 grams
	Lunch		Dal	25 grams
		10:00 AM	Seasonal Vegetable	100 grams
TUESDAY		-	Fried Veg.	50 grams
	Tiffin/Snacks	5:00 PM	Biscuit/Cake	65 grams
	Timeondone	8:30 PM	Rice	200 grams
	Dinner -		Dal	25 grams
			Egg Curry with Potato	1 number.
		7.00 111	Bread	2 nos./pieces
	Tiffin/ Breakfast	7:00 AM	Banana	2 numbers
	Lunch		Rice	200 grams
		-	Dal	25 grams
		10:00 AM	Seasonal Vegetable	100 grams
WEDNESD		-	Fried Veg.	50 grams
AY	T# 10	5:00 PM	Biscuit/Cake	65 grams
	Tiffin/Snacks	3.00 F W	Rice	200 grams
	Dinner		Dal	25 grams
		8:30 PM	Fish Curry with Potato	1 piece(60 grams)





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 .			to the degree of hearts burners allown	: : 15
THURSDA Y	Tila calabad	. 00 MJ	the death of the destroy of the dest	20 grams
			Jaggery (Sary	200 grams
	Lunch		Rice	25 grams
		10:00 AM	Dal	100 grams
			Seasonal Vegetable	50 grams
			Fried Veg.	65 grams
1	Tiffin	5:00 PM	Biscuit/Cake	
		8:30 PM	Rice	200 grams
	Dinner		Dal	25 grams
			Seasonal Vegetable Curry With Dry-fish	75-100 gram
	777		Bread	2 pieces
	Tiffin/ Breakfast	7:00 AM	Banana	2 pieces
٠			Rice	200 grams
			Dal	25 grams
EDID IV	Lunch	10:00 AM	Seasonal Vegetable/soyabean & рарауа сипу	100 grams
FRIDAY			Fried Veg.	50 grams
	Tiffin	5:00 PM	Biscuit/Cake	65 grams
		8:30 PM	Rice	200 grams
	Dinner		Dal	25 grams
			Egg Curry with Potato	1 number.
	Tiffin/ Breakfast	7:00 AM	Bread/Beaten rice (Cheera)/Puffed rice (Moori)	75 grams
			Jaggery (Gur)	20 grams
		10:00 AM	Rice	200 grams
	Lunch		Dal	25 grams
			Seasonal Vegetable	100 grams
SATURDA			Fried Veg.	50 grams
Υ	Tiffin	5:00 PM	Biscuit/Cake	- 65 grams
	Dinner	Dinner 8:30 PM	Rice	200 grams
			Dal	25 grams
			Fish Curry with potato	1 piece(60 grams)

RAReang
Director
TW Deptt.
Govt.of Tripura